

Fear and Hate or Faith and Love?

Psalms 46:1-2a (CEB), Matthew 5:43-45 (CEB) and 1 John 4:18a (NRSV)

7-Day Devotional

Day 1 — Psalm 56:3

Reflection: Fear is real—but it doesn't have to define you.

Prayer: Lord, help me acknowledge my fears without being controlled by them.

Day 2 — Isaiah 41:10

Reflection: God's presence is greater than your fear.

Prayer: Remind me today that I am never alone.

Day 3 — 2 Timothy 1:7

Reflection: Fear is not from God—faith is.

Prayer: Replace my fear with Your power and peace.

Day 4 — Proverbs 3:5-6

Reflection: Trust is built one decision at a time.

Prayer: Teach me to trust You in the small things today.

Day 5 — Colossians 3:2

Reflection: What you focus on shapes your peace.

Prayer: Help me focus on You instead of my fears.

Day 6 — Joshua 1:9

Reflection: Courage comes from knowing God is with you.

Prayer: Give me boldness to live by faith today.

Day 7 — John 14:27

Reflection: God offers peace that fear cannot take away.

Prayer: Let Your peace rule my heart this week.

Weekly Challenge:

Write down your biggest fear. Pray over it daily and replace it with a truth from Scripture.

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Acton United Methodist Church

Sunday April 19 2026

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