

Questions for thought:

- What does the passage say about God?
- What does this passage say about human beings?
- What does this passage say about creation, the environment?
- What does this passage say about the relationship between creation, God, and humanity and how they connect at the "table?"

Monday August 7th

1 Kings 14:1-3. The king sends his wife in secret with food to find out if their son will die. It is food used as currency as well as an offering for help from the prophet. Most importantly, it shows us that everyone has pain and brokenness, even kings. The food for the prophet is an act of hope.

Tuesday August 8th

Psalms 119:103. The words of God are compared to the purest and sweetest taste the ancient world knew: honey. The words of God can help you live your life and have zero carbs.

Wednesday August 9th

Isaiah 7:22. This morning for breakfast my wife ate Greek yogurt with a little honey. This ancient food was a symbol of affluence and success, to have enough milk to make extra things. Is it any less a miracle or blessing to be able to grab something out of the fridge and eat?

Thursday August 10th

Exodus 3:7-8. God promises that his people will not only have freedom but will no longer be in poverty and hunger. The very land they will inhabit will be abundant with good things.

Friday August 11th

Numbers 16:12-14. Moses is dealing with the complaining as the people of Israel are wandering in the wilderness. They all remember the promise of the land that flows with milk and honey but also realize it has not happened yet. Which is more difficult for you, to believe in God's promises or to wait for them to become realized?

Saturday August 12th

2 Samuel 16:1. David is resupplied with bread and fruit and wine. What would it be like to be pushing on, focused and tired, and receive such refreshing gifts? Who do you know going through a tough time, marching forward and tired, that could use a surprise gift of refreshment?

OTHER PRAYER REQUESTS & REFLECTIONS